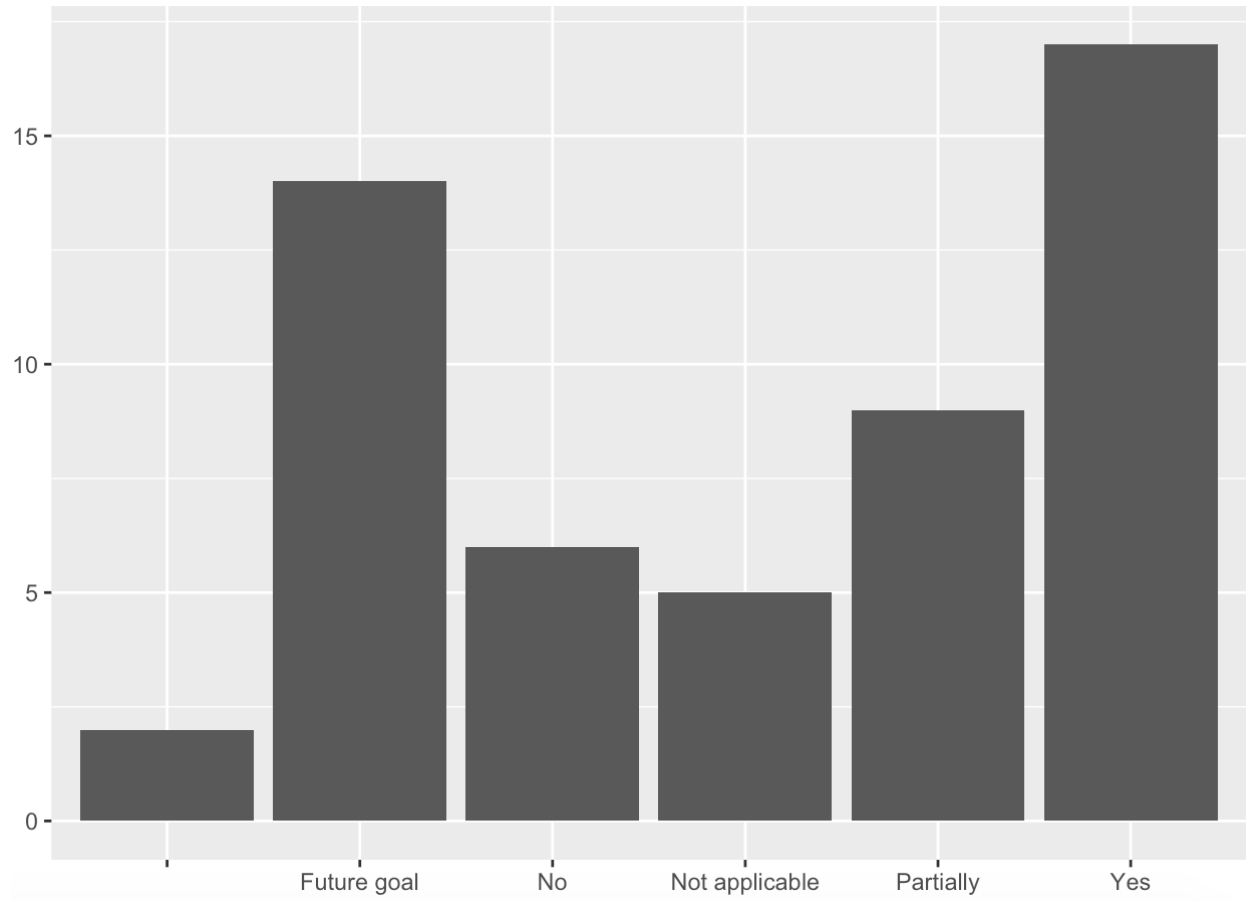
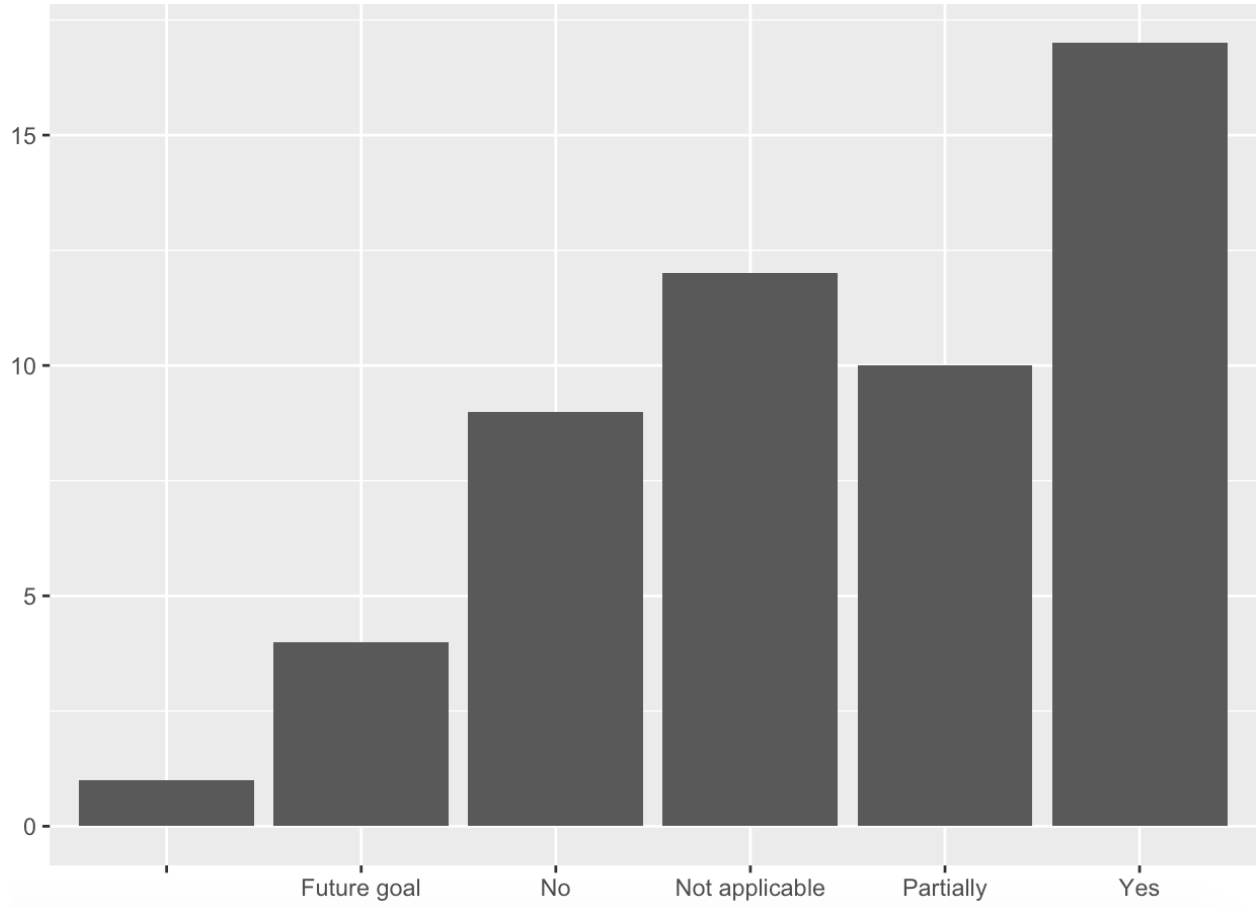


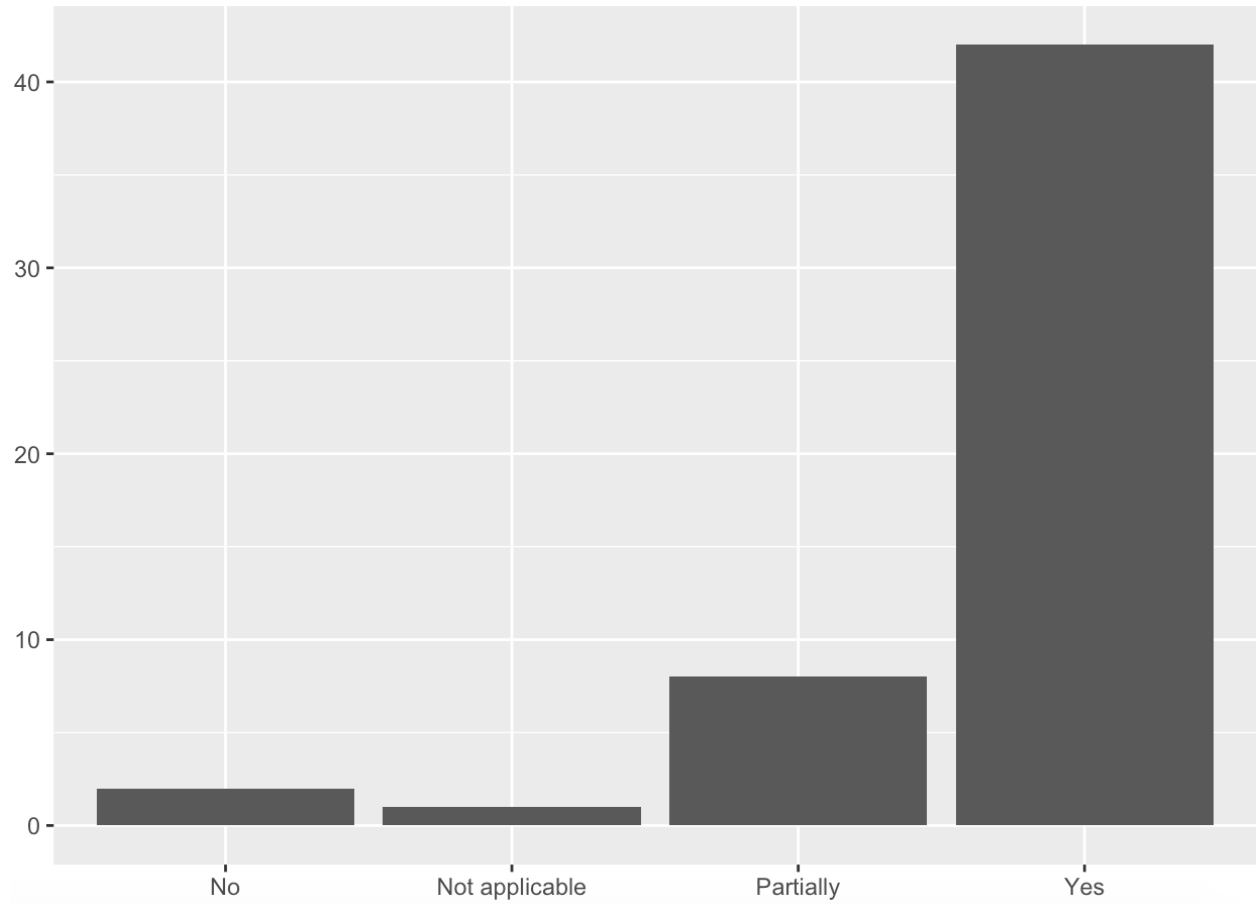
Installed solar panels



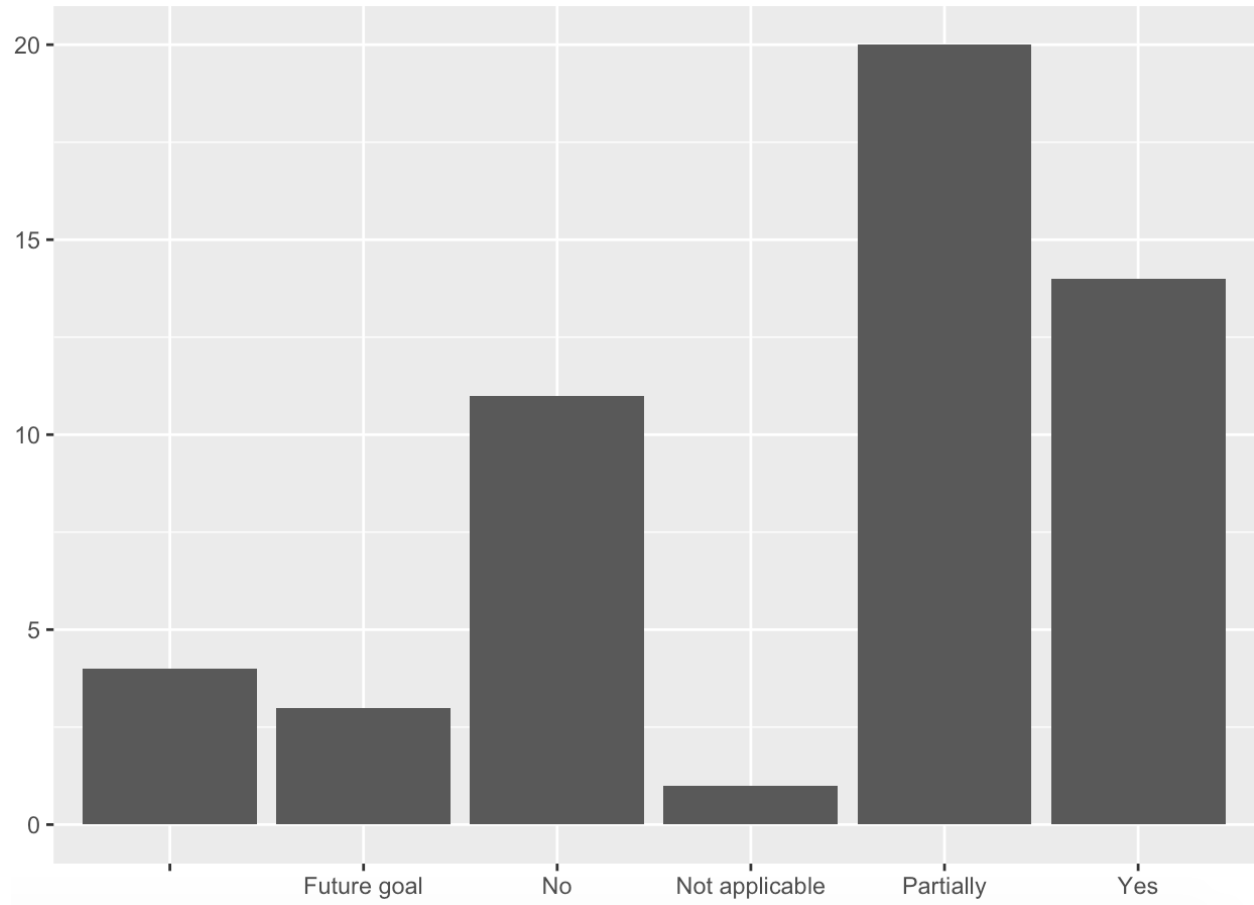
Use 100% renewable energy for electricity



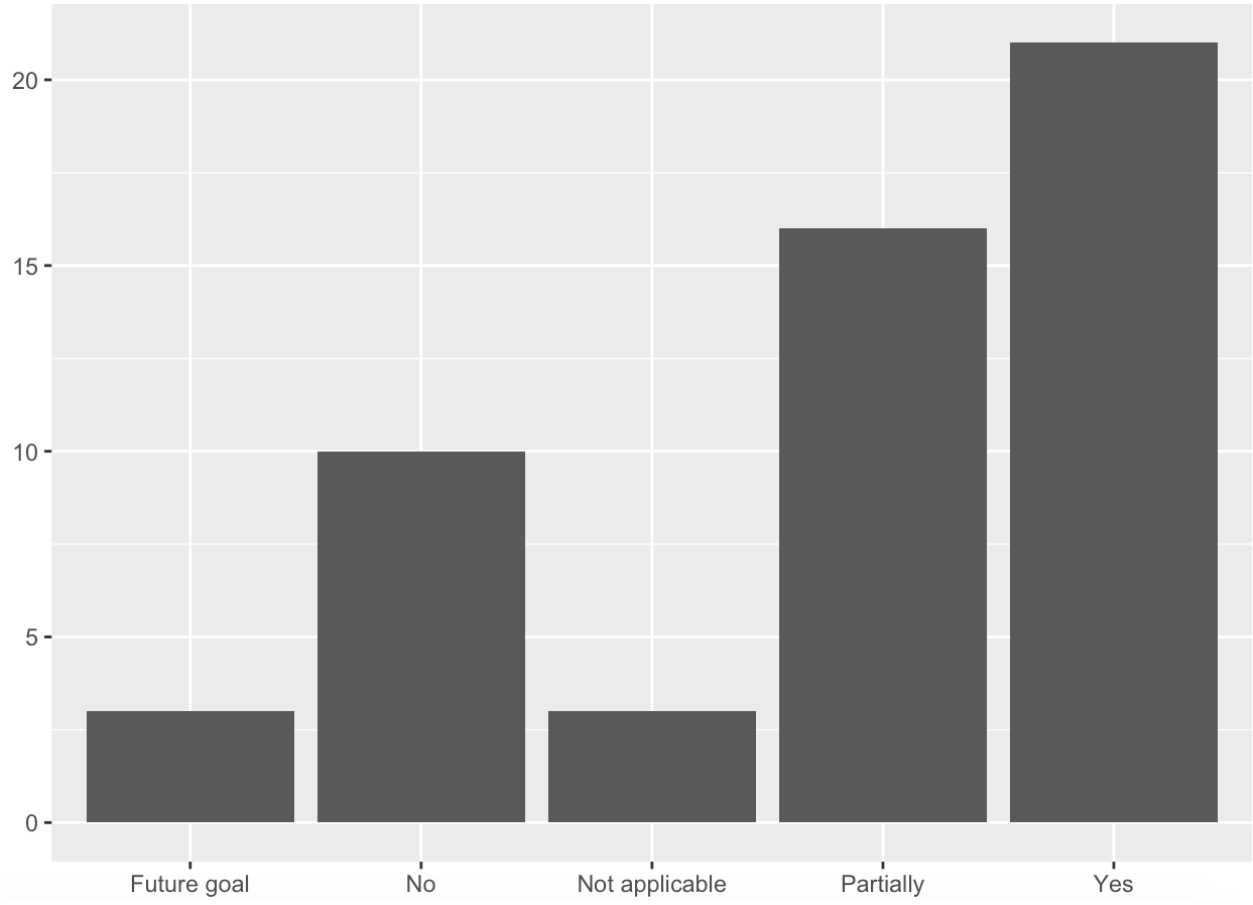
Insulate home -- get home energy audit



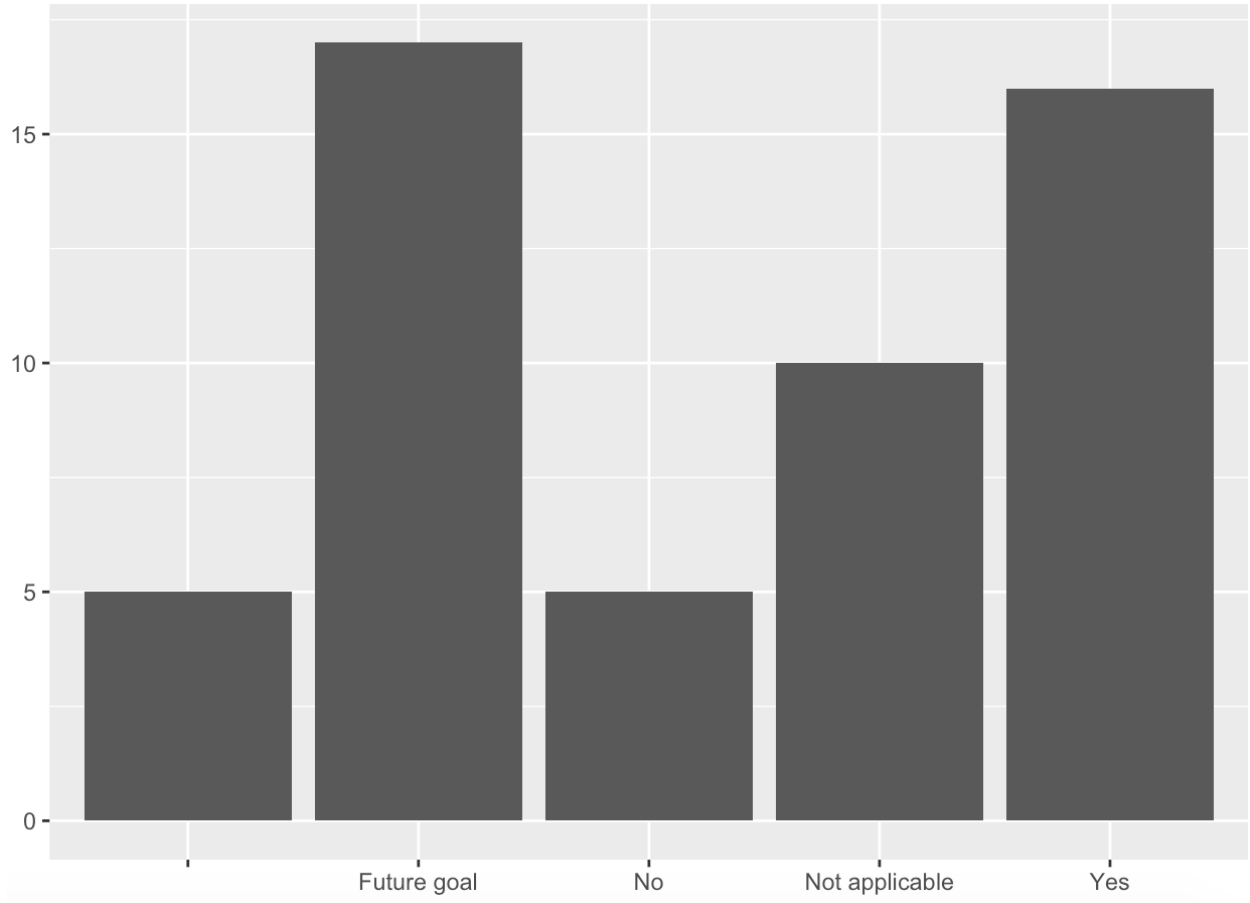
Keep house temp < 70 in winter and > 72 in summer



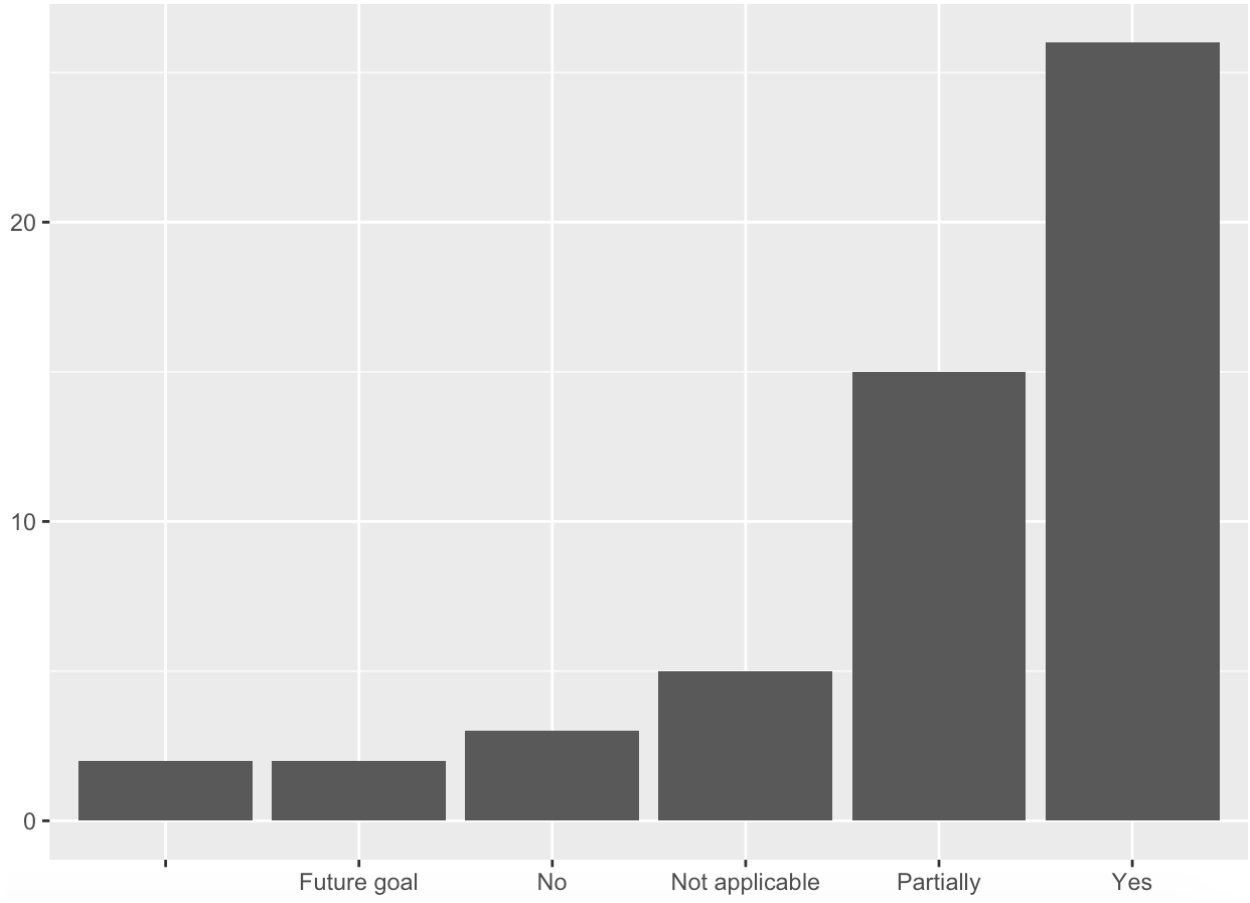
Hang clothes to dry -- or make optimal use of dryer



Use air travel sparingly

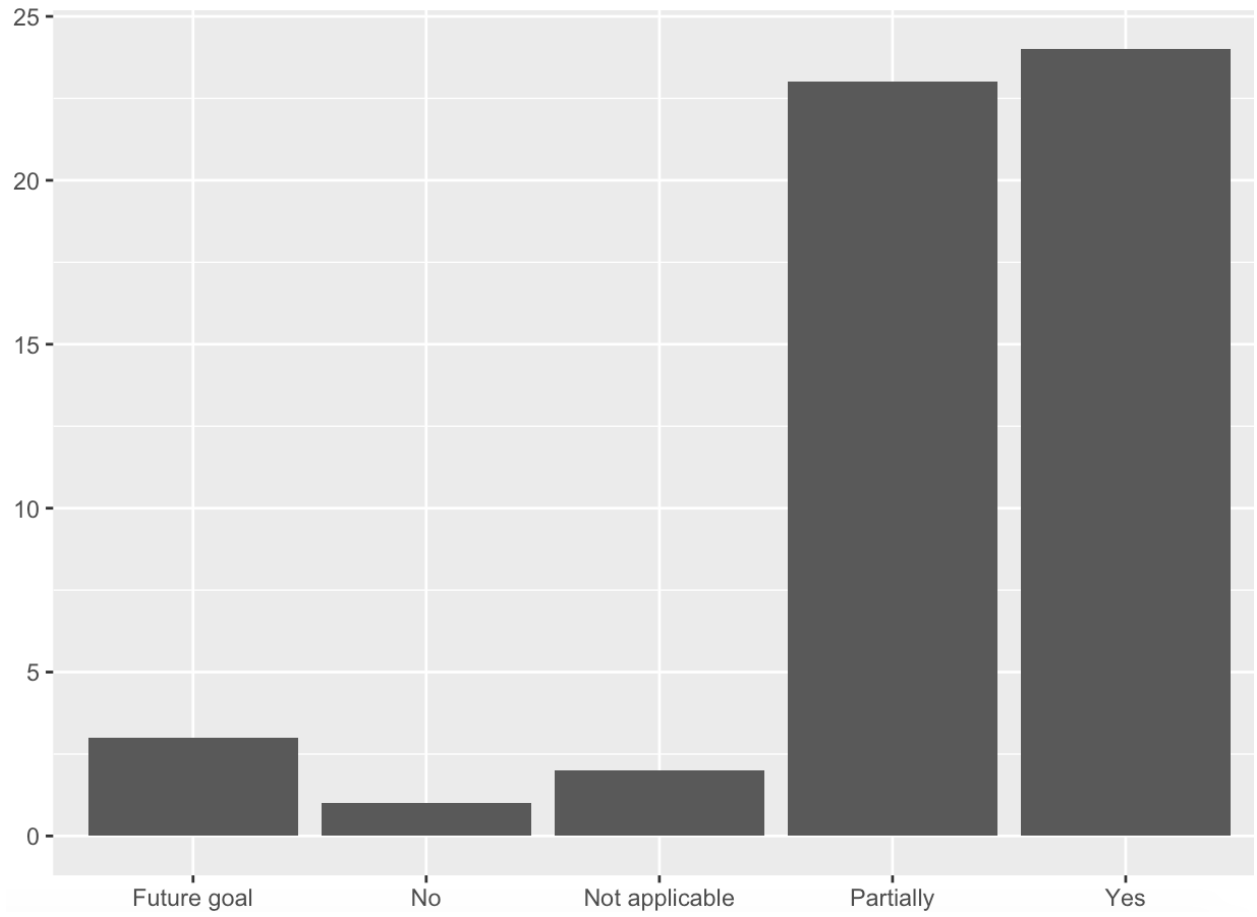


Drive hybrid or electric vehicle

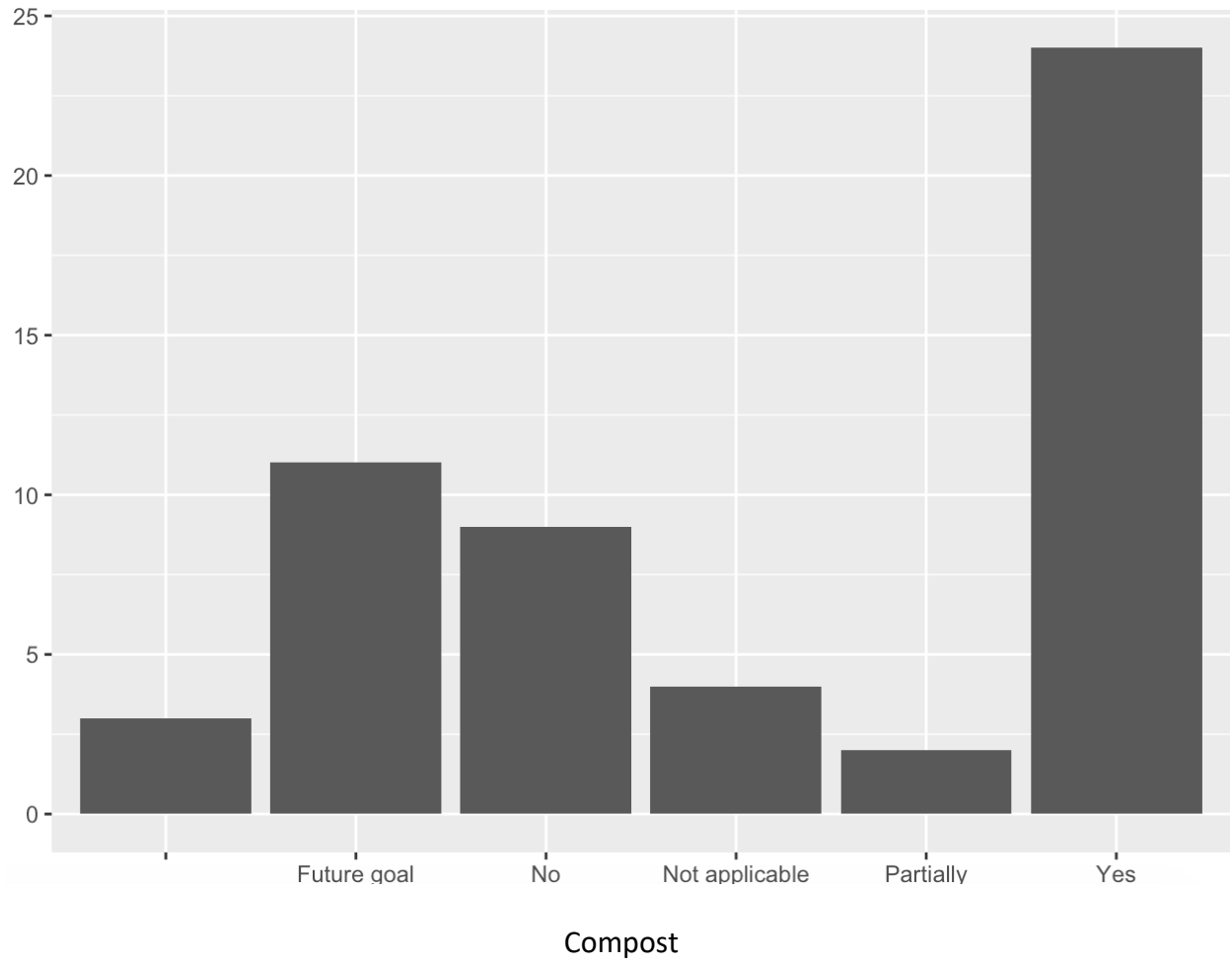


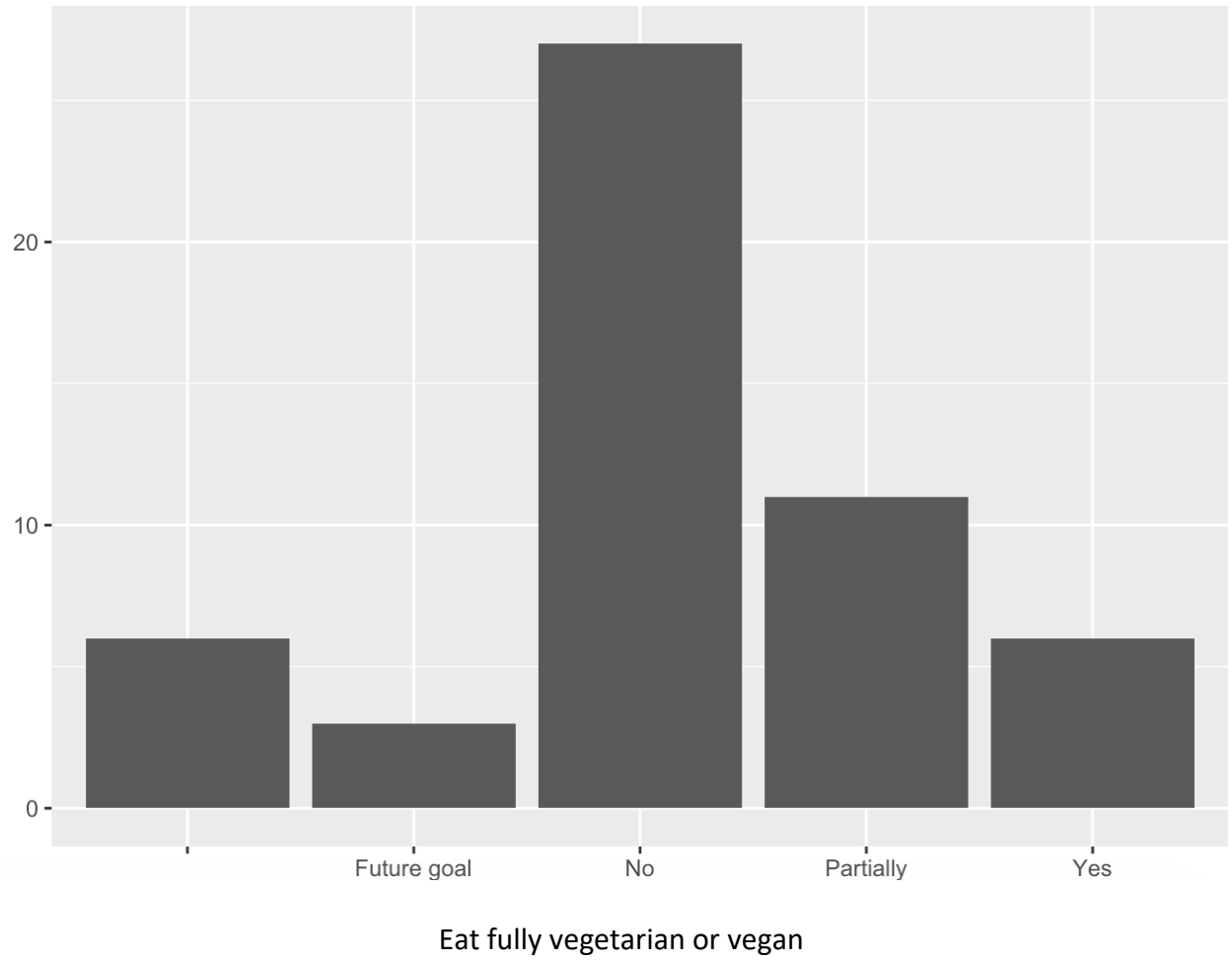
Drive less; combine trips when possible; carpool

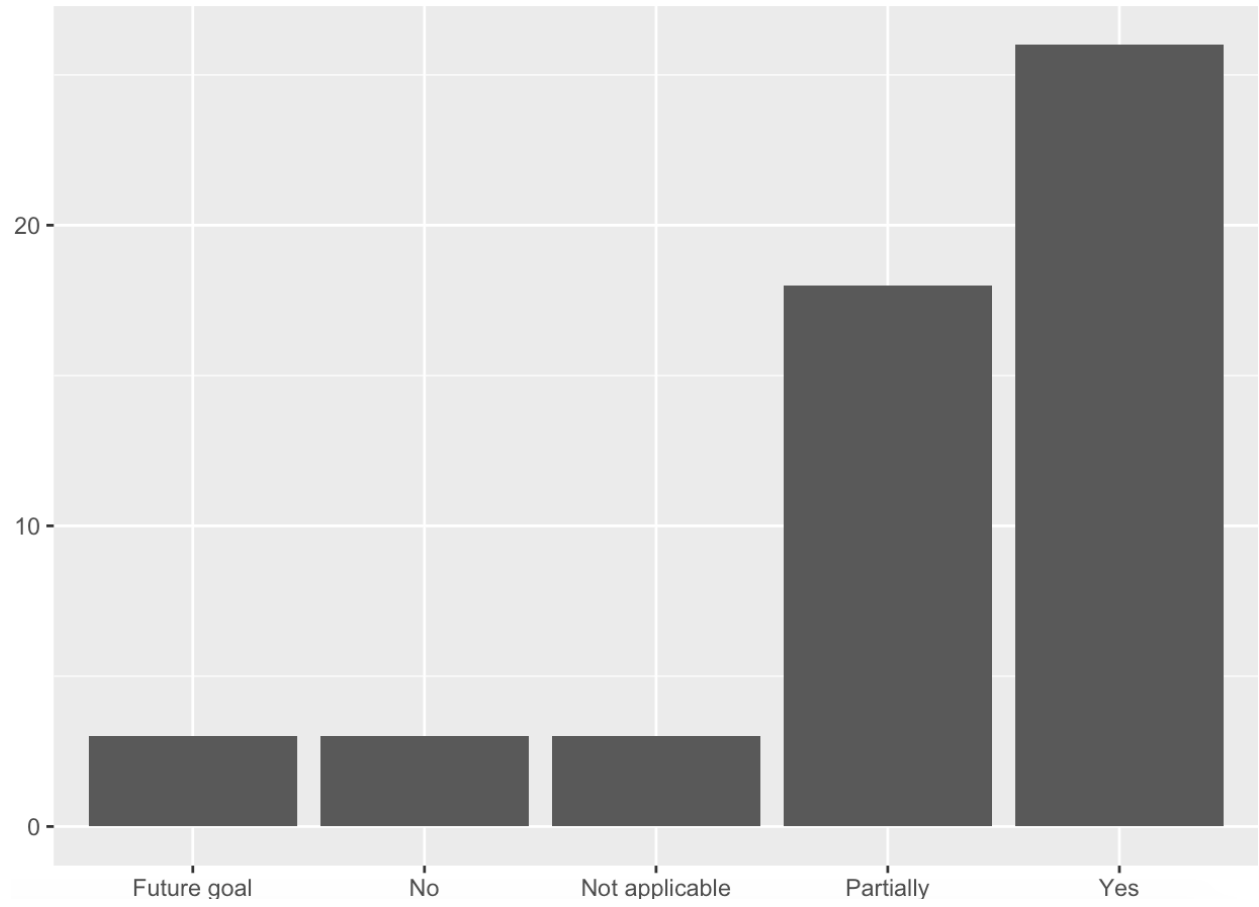




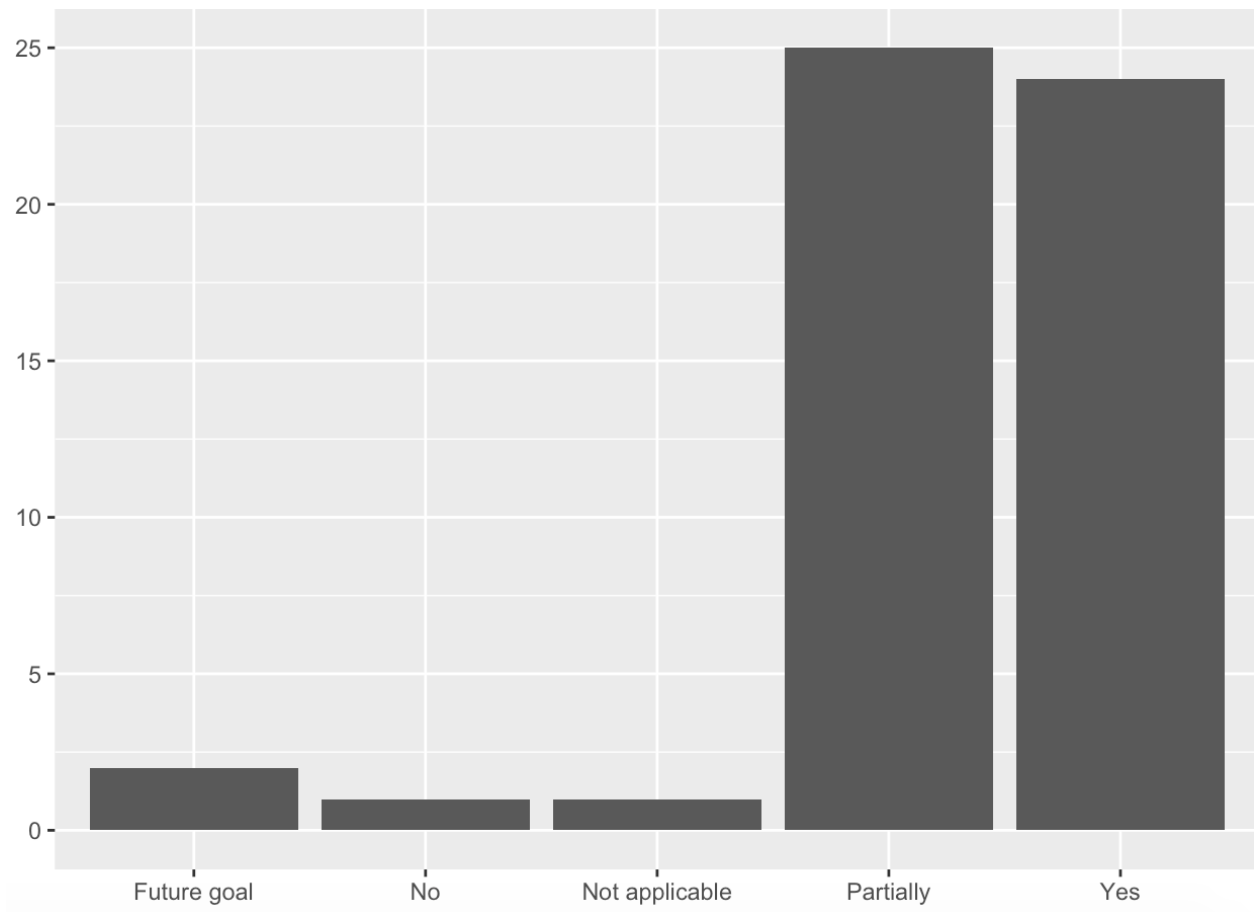
Walk, bike, use public transit more



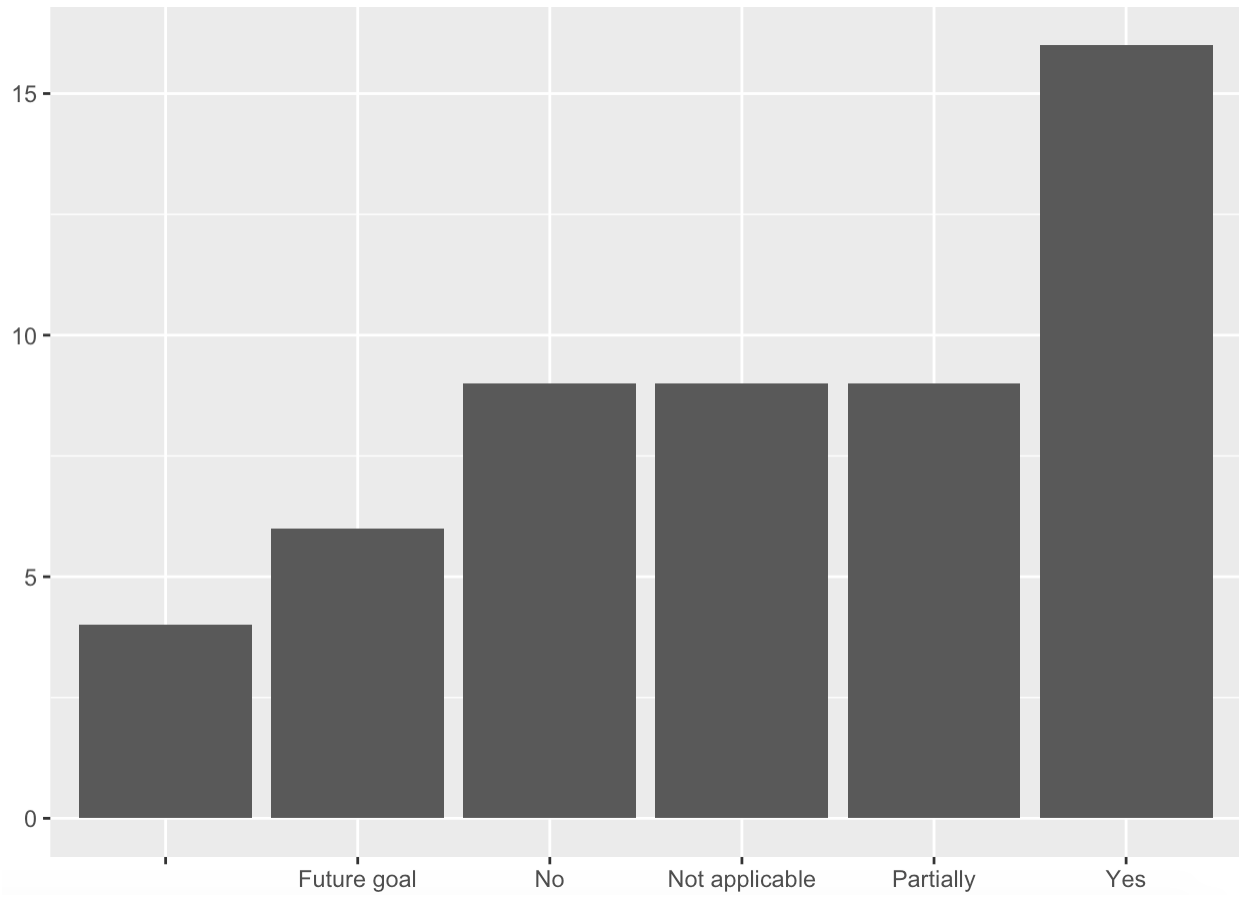




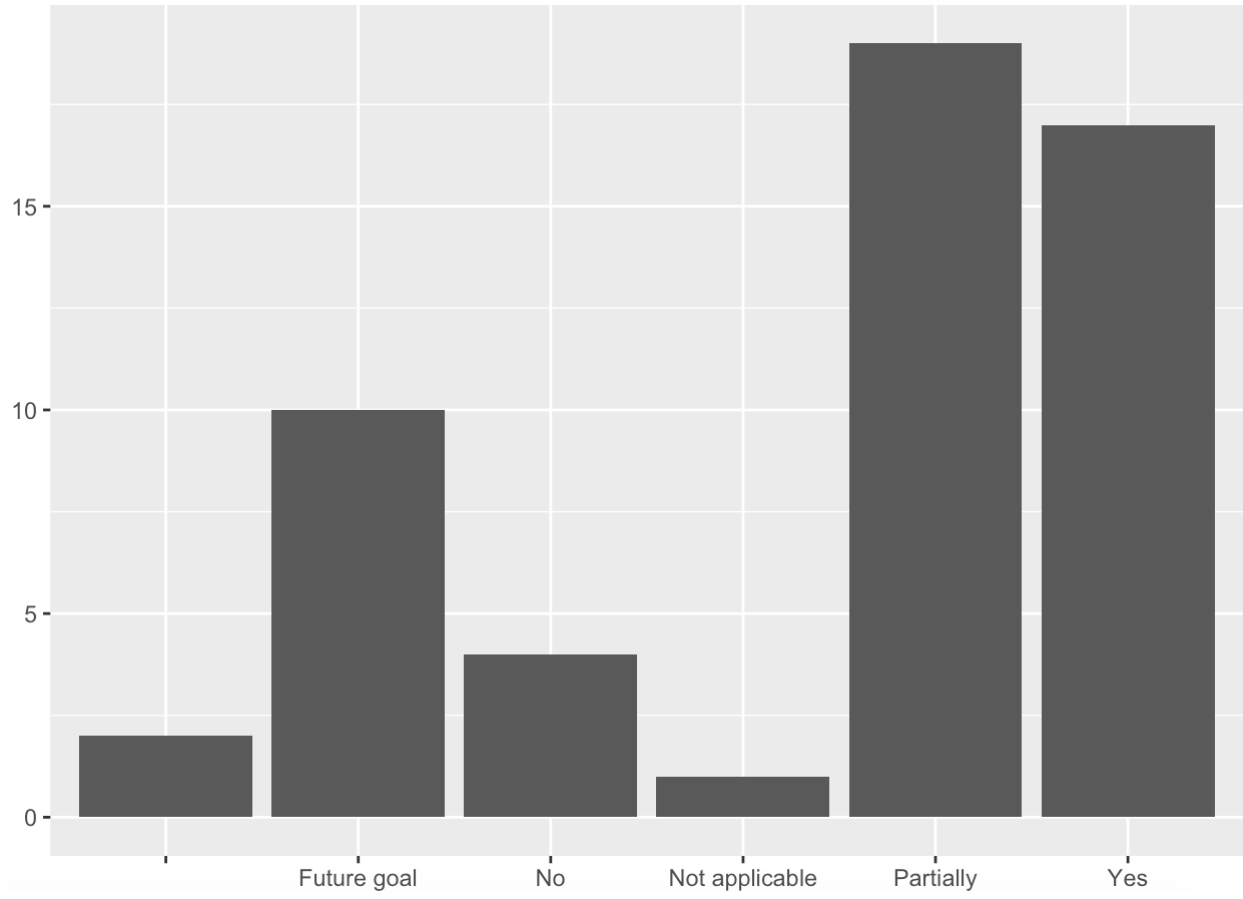
Reduce red meat consumption (at least 50%)



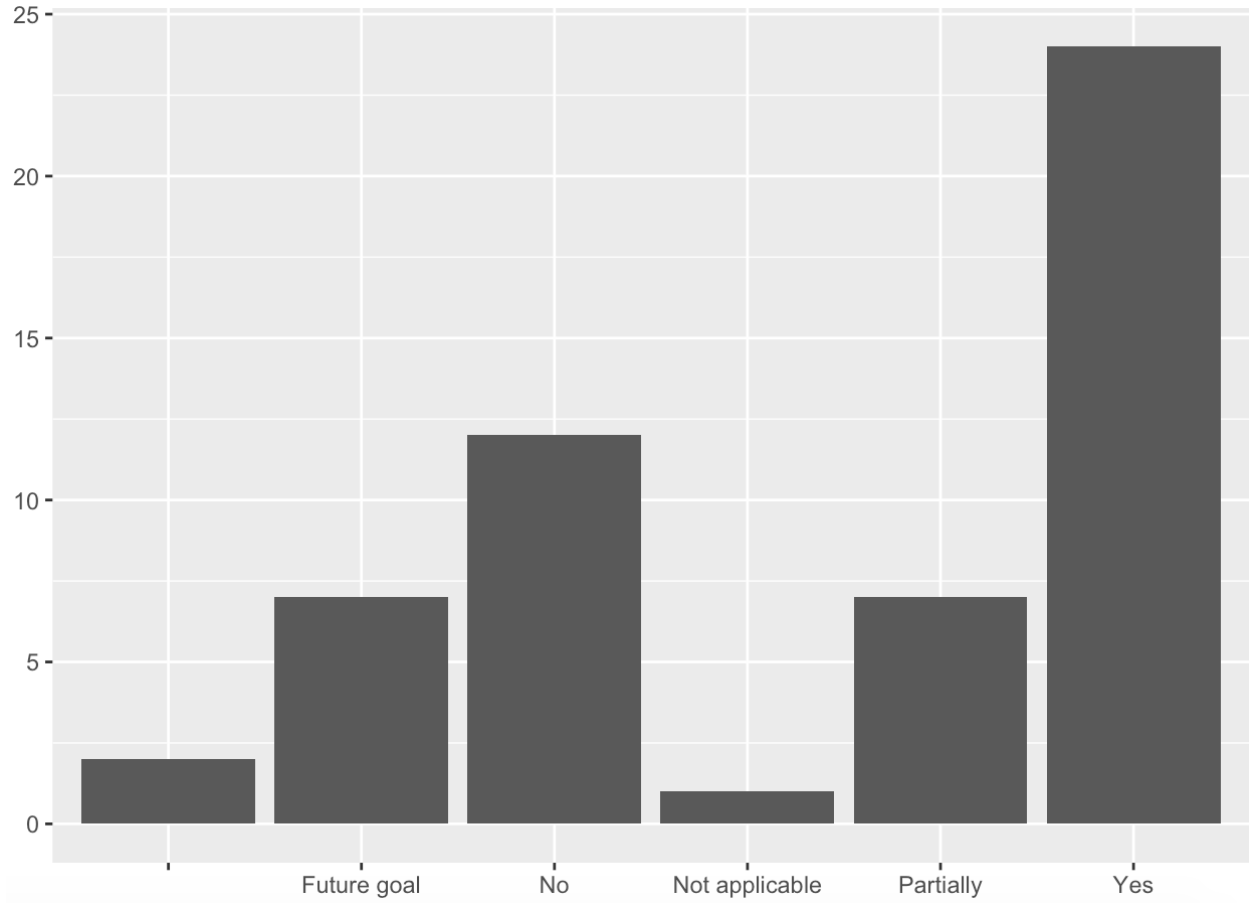
Eschew single-use plastic (SUP) bottles and products with SUP packaging



Plant a garden -- fruits, vegetables, pollinators

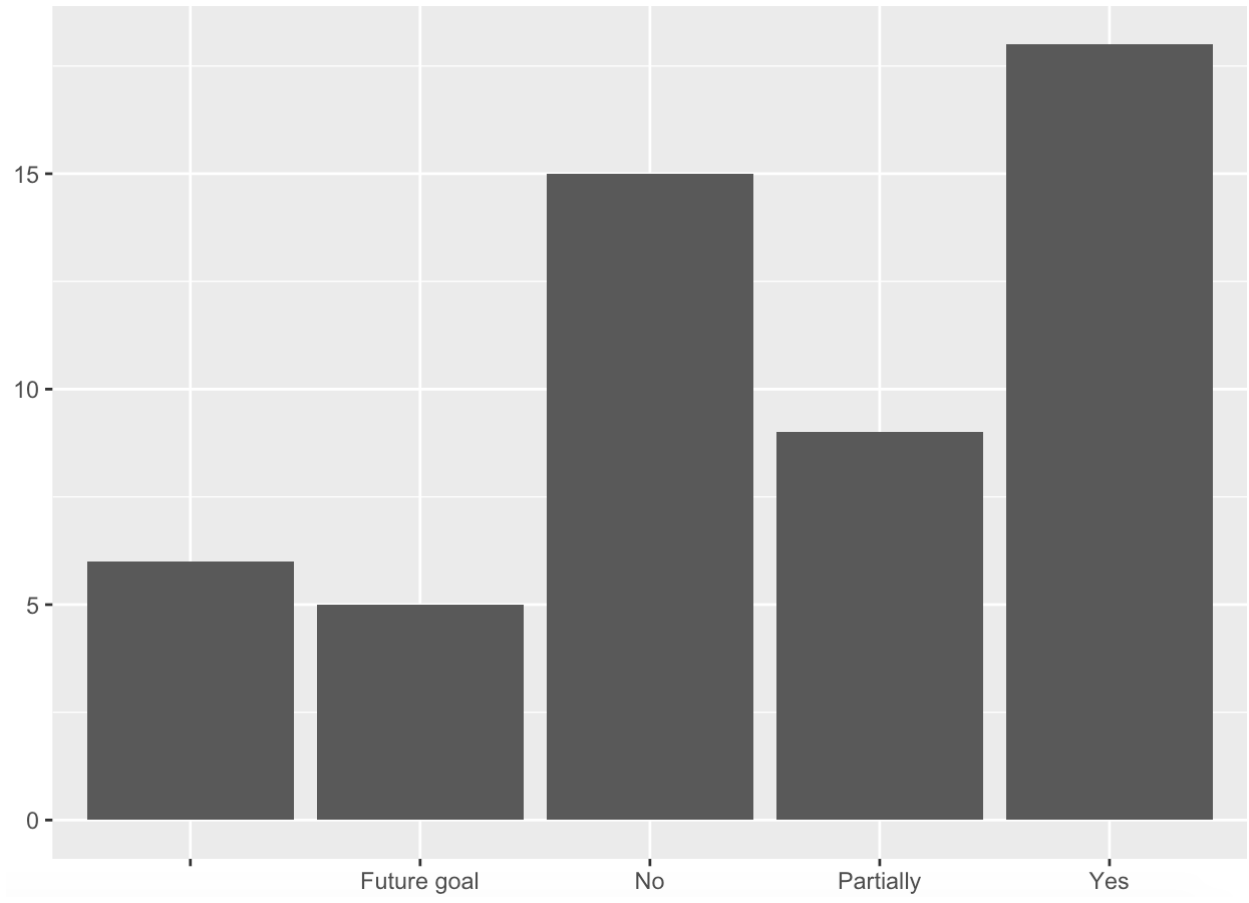


Buy food locally -- co-op, farmer's market, CSA (community-supported agriculture)

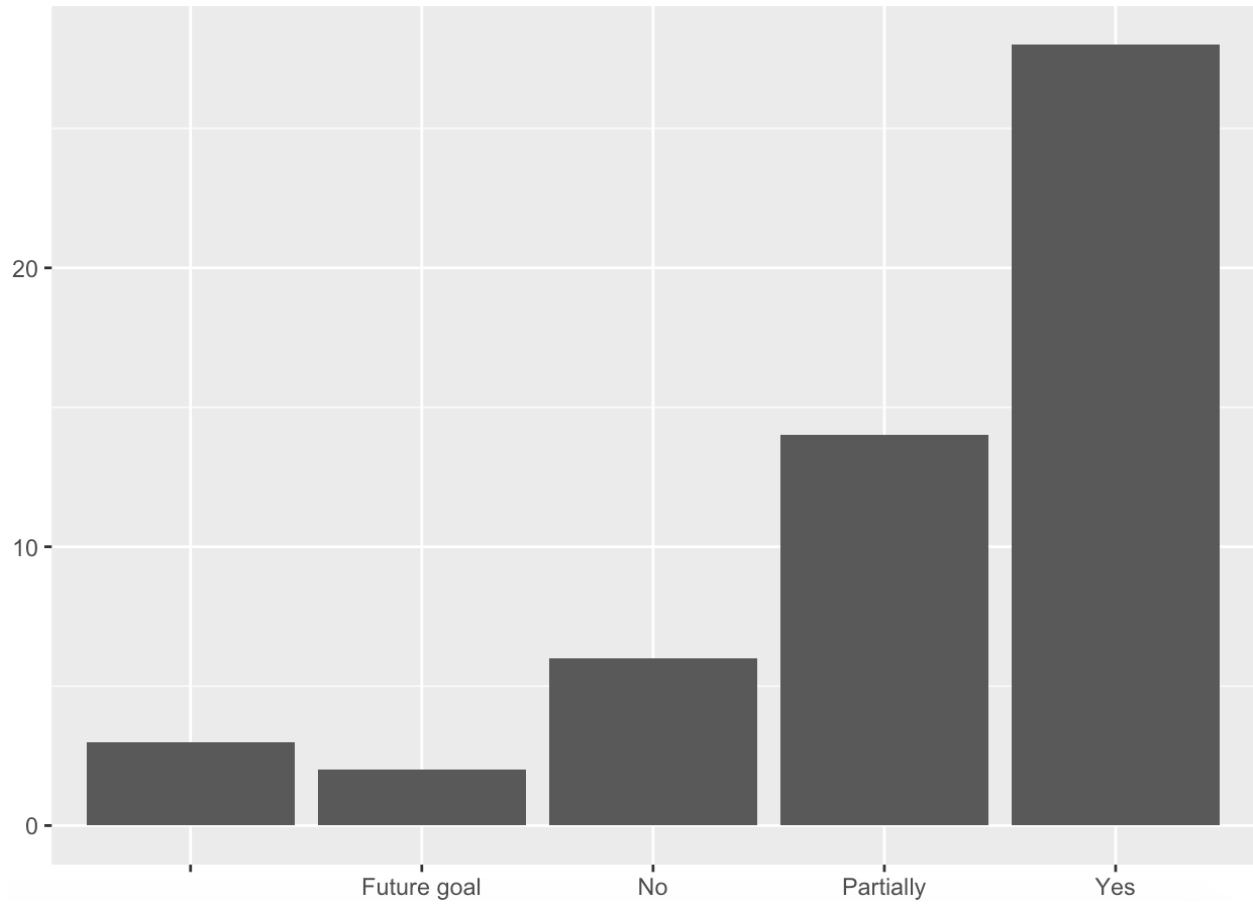


Contact legislators or submit letters-to-the-editor of local papers

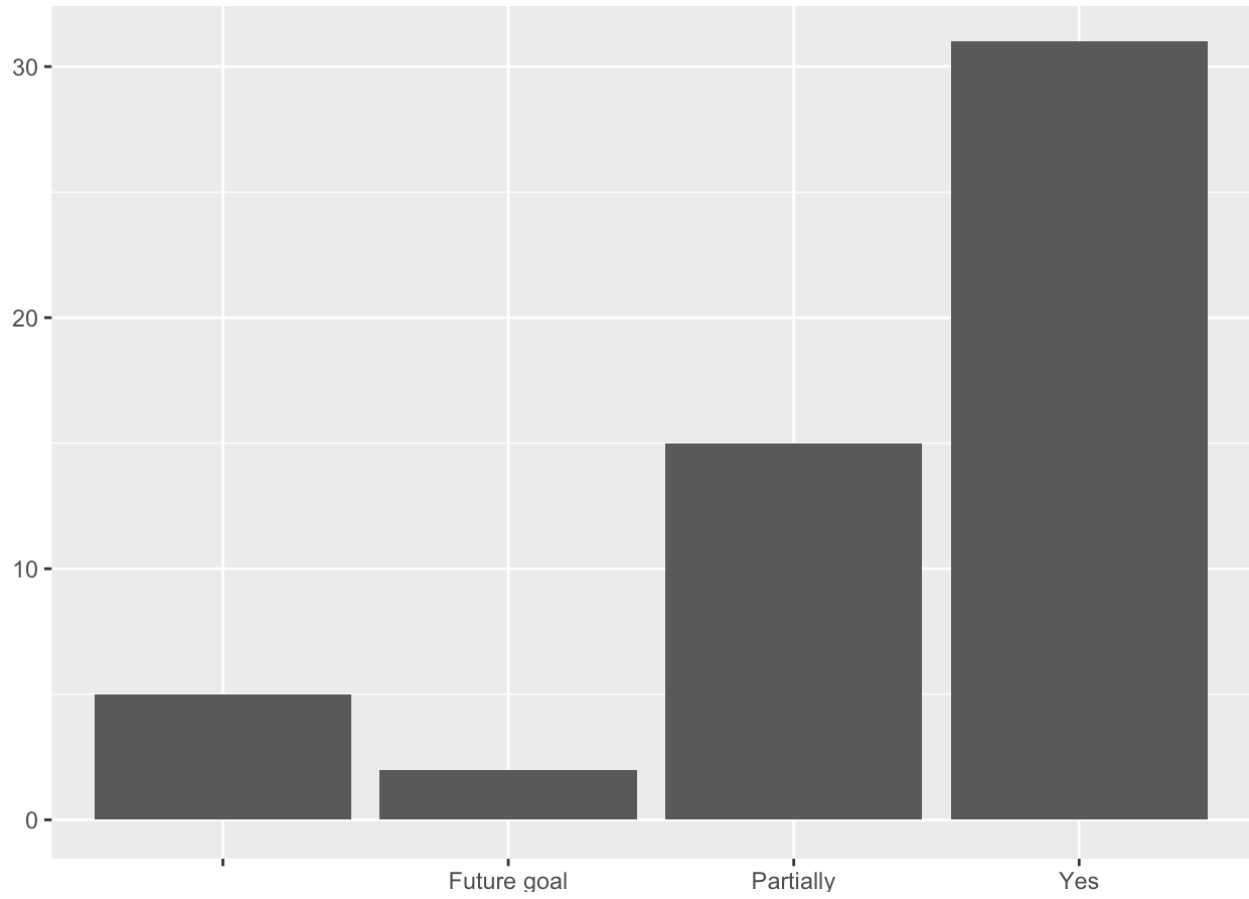




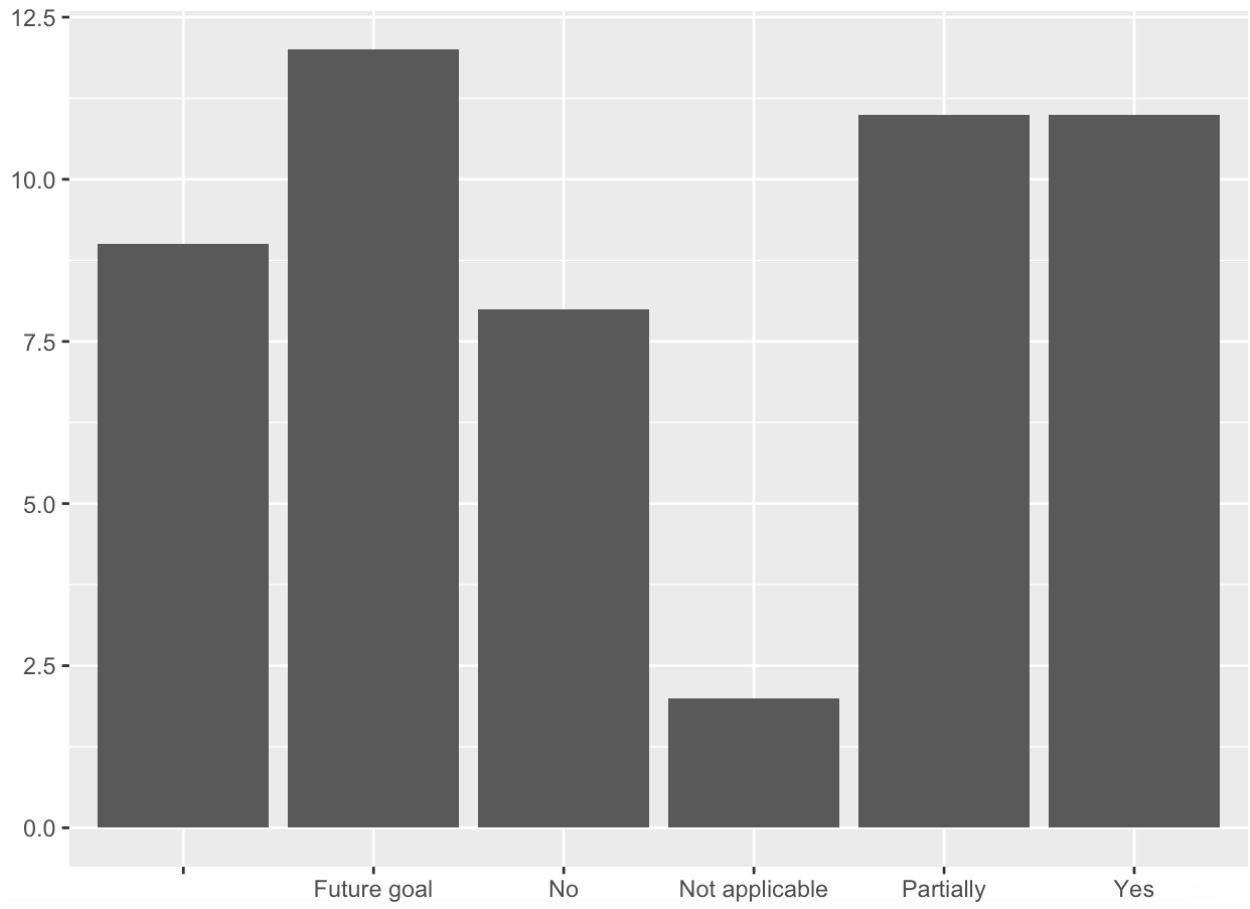
Join protests



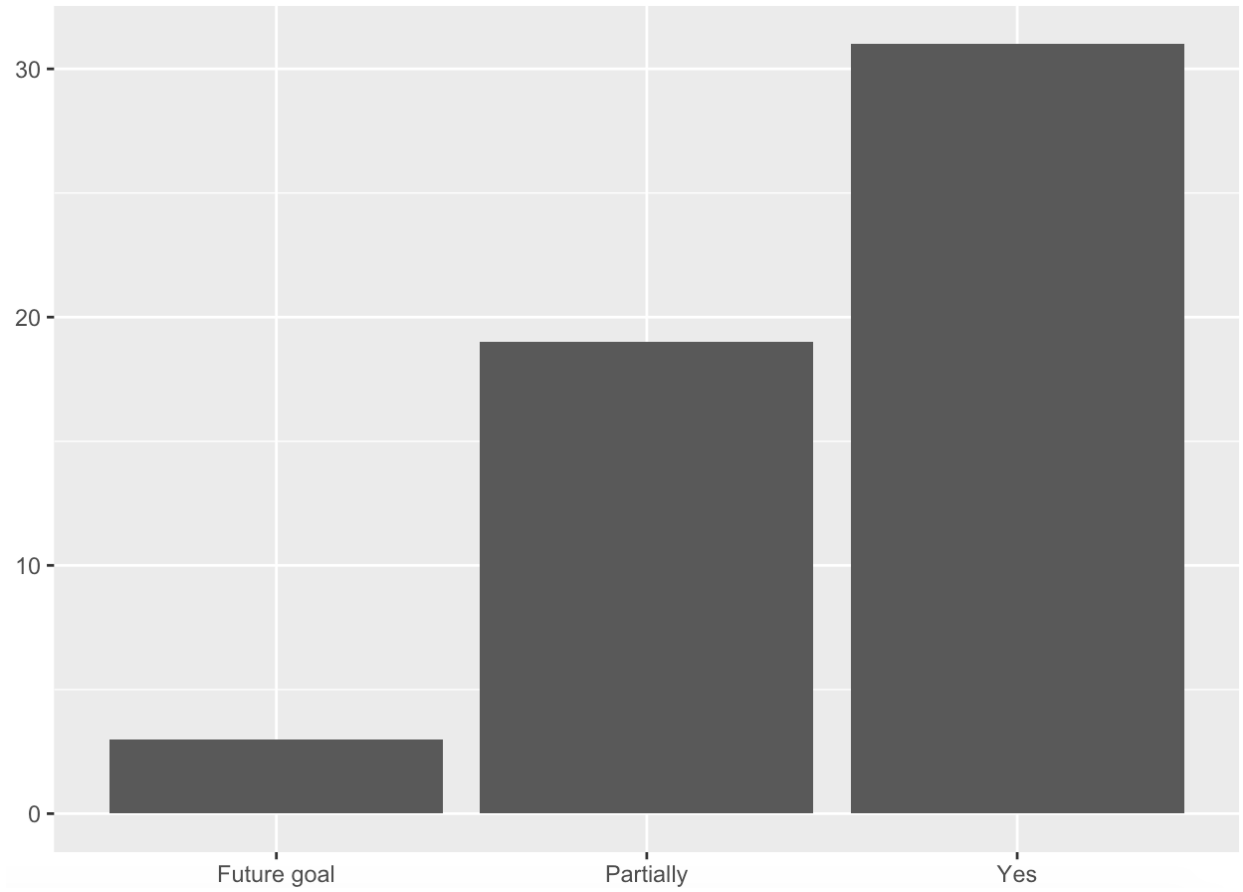
Talk to people about the threat and opportunity of the climate crisis



Educate yourself on the climate crisis (lectures, books, a group, etc.)



Invest sustainably -- divest portfolio of fossil fuel holdings



Become consumption conscious

<b>Action</b>	<b>Future goal (%)</b>	<b>No (%)</b>	<b>Not applicable (%)</b>	<b>Partially (%)</b>	<b>Yes (%)</b>
Installed solar panels	23	17	36	2	17
Use 100% renewable energy for electricity	26	11	9	17	32
Insulate home -- get home energy audit	8	17	23	19	32
Keep house temp < 70 in winter and > 72 in summer	0	4	2	15	79
Hang clothes to dry -- or make optimal use of dryer	6	21	2	38	26
Use air travel sparingly	6	19	6	20	40
Drive hybrid or electric vehicle	32	9	19	0	30
Drive less; combine trips when possible; carpool	4	6	9	28	49
Walk, bike, use public transit more	6	2	4	43	45
Compost	21	17	8	4	45
Eat fully vegetarian or vegan	6	51	0	21	11
Reduce red meat consumption (at least 50%)	6	6	6	34	49
Eschew single-use plastic (SUP) bottles and products with SUP packaging	4	2	2	47	45
Plant a garden -- fruits, vegetables, pollinators	11	17	17	17	30
Buy food locally -- co-op, farmer's market, CSA (community-supported agriculture)	19	8	2	36	32
Contact legislators or submit letters-to-the-editor of local papers	13	23	2	13	45
Join protests	9	28	0	17	34

Talk to people about the threat and opportunity of the climate crisis	4	11	0	26	53
Educate yourself on the climate crisis (lectures, books, a group, etc.)	4	0	0	28	59
Invest sustainably -- divest portfolio of fossil fuel holdings	23	15	4	21	21
Become consumption conscious	6	0	0	36	59

**Your turn—what have we missed? What else are you doing?**

Clothing! Buying fewer pieces that will wear longer or buying gently used clothes.

- Shake out clothes before putting them in the dryer
- Use a cloth face mask
- Bring bags (including produce bags) to grocery store
- Take shorter showers/turn off the water while soaping up
- Unplugging appliances when not in use

using compostable cup and utensils, rather than plastic

Install R30 attic insulation  
Insulate basement walls and ceiling  
Install triple pane windows or inside storms  
Had a Mass Save Energy Audit in the last few years  
Have energy efficient furnace  
Have energy efficient air conditioner  
Have energy efficient appliances  
Signed up for Shave the Peak messages from your utility  
Signed up for Solar Choice - Community Shared Solar with your utility  
Keep house temperature at 75 in the summer  
Replace light bulbs with led bulbs  
Replace oil and/or electric resistant home heating with heat pump  
Turn down thermostat on hot water heater to 125 degrees

Join and support environmental organizations

use reusable grocery bags; significant reduction of paper towels;

Eat less/no fish. Recycle clothes and buy less; shop 2nd hand clothing

reducing use of products with palm oil

Invest in Black owned banks

Several of my answers are 'not applicable' because I live downtown in a condo/apartment building and cannot, for example, have a garden or put up solar panels. In this context, I think that it is important to bring ideas about conservation to the building's owners or homeowner's association.

Reducing purchase of plastics, purchasing alternatives

\* My solar panel and renewable energy answers reflects the reality that we installed solar panels on the house we just sold in October. So until October, we had solar panels and offset 100% of our energy--and contributed to the grid. However, we have not yet added panels to our new house, though we plan to do so in the future.

Buy and sell through FB marketplace and Craigslist to reduce buying new household items and to avoid throwing out items someone else might want.

Stop ordering out for anything - no Amazon, food, pizza, etc. deliveries. Walk to get what I need.

Normal everyday stuff -- aggressive recycling, eschewing packaging, no bags with purchases, turning off/turning down, limiting water and paper use, buying used/ recycled, saving electronically vs. printing, reusing paper (for nec. printing) / envelopes (for scrap paper), limiting appliances/ nrg use, getting home nrg consults.

I volunteer with Cradles to Crayons an organization that distributes donated reused items. Use the hair dryer less, air dry more. Make meals using leftovers to reduce food waste and to cut back on energy use. Put a lid on a pot of water so that it boils in a shorter length of time. Switch from plastic to glass kitchen



storage containers. How do others reconcile reliance on tech (phones, computers) with the environmental impact of producing and using the devices? I like my gadgets, but want to find ways to encourage Earth friendly manufacturing practices and disposal options.

I would add "prayerfully connect with Creation" to this list. A list of "to-do's" is hard to sustain if we aren't also doing the internal transformative work.

Opt out of catalogs using Catalog Choice ([catalogchoice.org](http://catalogchoice.org)). Use e-statements rather than paper statements for bills/banking.

We love leftovers. Most of our cooking gives us a meal for the table, another for the refrigerator, and one more for the freezer.

Also, we recycle paper by making pads out of one-sided sheets with metal office clip.

And we have, thus far, relied on cooling nights and the chimney effect to get us through summers in this heat island in Lower Roxbury. I don't know how long we can hold out without an air conditioner.

Recycle glass, paper & eligible plastics;

I teach a class on water and energy at BeaconHill Seminars.

We recycle. Have reduced use of plastic bags of all sizes.

Contributed to environmental organizations